

Learning Together at Home with under 5's



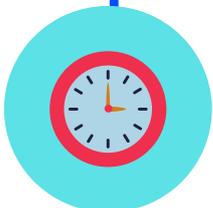
FOLLOW YOUR CHILD'S LEAD

Being at home may be different to the usual routine but will offer lots of unique opportunities that you wouldn't get at nursery or school- you know your child best and what they are really interested in so use this as a starting point and follow their lead.



STAY CONNECTED

Children may find it strange and difficult not doing the usual things like playing out, seeing friends, family and people they love. Connecting in other ways could really help by talking about others, making a video call or making something for someone that is not there (a card, message, picture).



DAILY ROUTINE

Daily routines help children make sense of their day and feel a sense of safety and control. A simple routine that shows when they will have lunch, help make a snack, play a game, watch some TV, have a story, make something etc. could be represented in picture form so that they know what's happening next.

LEARNING IN THE EVERYDAY

Everyday daily routines and chores are brilliant opportunities for children's learning eg. sorting the washing, making the bed, tidying up toys, sweeping up, helping to prepare food.



LEARNING THROUGH PLAY

Young children learn best through play. Keep activities playful and short so that children stay interested and motivated. Playing active games are great for young children and especially good for little ones who need to move and have fun.



WELL-BEING FIRST

Being at home all the time without really understanding why can make for a tricky time for everyone. If you or your child is not feeling like doing something it is probably best to change the plan and be flexible. Quiet time, talking together or sharing a story is often a good idea to nurture well-being.

